

WHAT IS SEND?

SEND stands for Special Educational Needs and Disabilities and is not dependent on a diagnosis.

SEND indicates that a child or young person (CYP) has a particular need, learning difficulty or disability which requires individual provision to be made available for them.

Is the responsibility of everyone!

KEY MESSAGES

Know your patient, their SEND needs and how to communicate with them so you can better support them and ensure a collaborative approach to care. Ultimately, you need to know your legal duties regarding SEND.

REASONABLE ADJUSTMENTS

Can be different things to different people. Getting this right for CYP with SEND can be the difference between a successful, informative consultation, and disengagement. They could include:

- using pictures, large print or simpler words to say what's happening.
- booking longer appointments or having a carer present
- putting an appointment at the beginning or end of the day, if CYP find it hard to be in a busy waiting room

Reasonable adjustments will allow the CYP to feel comfortable and relaxed in often unfamiliar surroundings. This should then allow the best possible outcome from the appointment and better engagement, i.e., longer appointment time for processing of information, less waiting time to stop anxiety building up.

Extra resources

[Sefton Local Offer](#) [Liverpool Local Offer](#)
[Sefton SENDIASS](#) [Liverpool SENDIASS](#)
[SPCF LivPaC](#)
[DCO information](#)

WHAT IS AN EHCP?

An Education, Health and Care plan (EHCP) is a legally binding document which sets out the education, health and care needs of a CYP aged 0 – 25. It is a person centred and coproduced document which describes the CYP, their needs and the support that is required to meet those needs.

The plan is required for CYP who require extra support which the educational setting cannot provide, it will take 20 weeks to create. Health colleagues are required to return health advice within 6 weeks of a request. These need to be specific to the needs of the CYP. The plan is then reviewed every 12 months.

THE ROLE OF GP

- 1.Understand the needs of your patient and what reasonable adjustments they require.
- 2.Know what services there are and how to make referrals.
- 3.Signposting to other services
- 4.Occasionally provide health advice for an EHCP
- 5.Attend interviews during a SEND inspection, when asked.
6. Support transition to adulthood

RELEVANT SECTIONS OF THE EHCP

We recommend that you read all of the EHCP, but you will find the sections below particularly useful:

Section A: the views, interests and aspirations of the child and their parents, or the young person

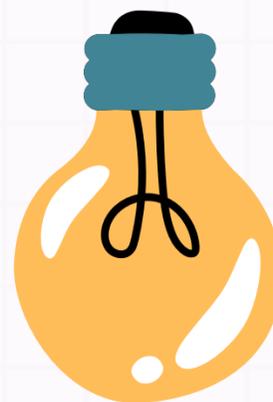
Section B: the child or young person's special educational needs (SEN)

Section C: the health care needs which relate to their SEN

Section G: any health care provisions reasonably required by the learning difficulties or disabilities which result in the child or young person having SEN

Education, Health and Care Plans

This briefing for Primary Care has been coproduced in partnership with Liverpool Parent and Carer Forum, Sefton Parent Forum, Sefton Carers Centre, Health, Social Care and Voluntary Sector.



LEARNING DISABILITY HEALTH CHECK

If your child has a learning disability, ask your GP to place them on their learning disability register. This will mean their GP invites them for an annual health check when they are 14 years old

ADVOCATE

When a young person turns 16 they become in charge of their own care. The young person can write a letter to enable Parent and Carers to continue to be their advocate.
Liverpool Parents and Carers can help provide a template letter for an advocate

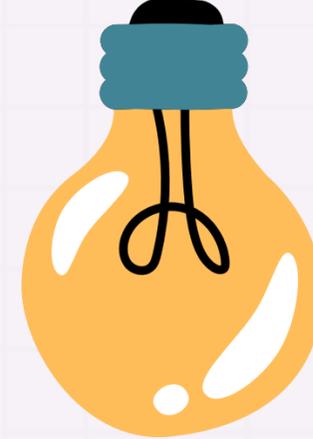
USEFUL INFORMATION

[Liverpool Local Offer](#)
[Sefton Local Offer](#)
[Accessible UK](#)
[NHS video about reasonable adjustments](#)
[Carers UK](#)



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DID YOU KNOW? HELPFUL INFORMATION ABOUT GP APPOINTMENTS



APPOINTMENTS

Be prepared for your appointment, don't be afraid to ask questions or ask for information to be repeated. Write down any questions you may have before the appointment. Take someone with you to your appointment if you feel you need support.

REASONABLE ADJUSTMENTS

You can ask your GP surgery to make any relevant adjustments to attend an appointment. This can include double appointments, waiting in the car, appointment times, male or female GP or using post cards to communicate.

Education Health Care Plan

Your GP has access to a child or young persons EHCP through the shared care record. Highlighting key sections of the EHCP to the GP would be useful.

CARER RESPONSIBILITIES

Inform your surgery if you are a registered carer. This will give carers access to a 'Carers Champion' at many GP practices; this is a designated member of the practice who is assigned to support carers.